

Medication Referrals

MHSI / Northern MN Network

May 3, 2012

Duluth, MN



Demographic Insight

- Among MHSI patients:
 - 86% are below 100% FPL
 - 87% are uninsured
 - 70% identify as migrant farmworkers
 - 13% are hypertensive
 - 10% are diabetic

Source: 2011 UDS Report



MHSI Prescription Options

- "Big-box" pharmacies
- \$10 Self-Pay plan (at participating pharmacies)



APPROVED MEDICATIONS & MAXIMUM QUANTITY (Pharmacist: Please circle all medications dispensed)

☐ Alendronate [4]	Clonazepam [30]	☐ Latanoprost sol.[2.5mL]	Penicillin VK tab [30]
☐ Allopurinol [30]	☐ Cyclobenzaprine [30]	Levothyroxine [30]	Permethrin Cr. [60 gm]
Alprazolam (no CR, ODT) [60]	□Digoxin [30]	Lisinopril [30]	Prenatal Plus [60]
Amitriptyline [30]	Doxycycline [60]	Lisinopril/HCTZ [30]	Propanalol [30]
Amlodipine [30]	Enalapril [30]	Losartan [30]	Quinapril [30]
Amoxicillin caps [40]	Estradiol [30]	Losartan/HCTZ [30]	Ramipril [30]
Amoxicillin liquid [150mL]	☐ Fluconazole tabs [7]	Lovastatin [30]	Ranitidine [60]
Atenolol [60]	☐ Fluoxetine [30]	Metformin [60]	Sertraline [30]
Atenolol/chlor. [30]	☐ Furosemide tabs [60]	☐ Metformin ER [30]	X Simvastatin [30]
X Azithromycin [6]	☐ Gabapentin [60]	☐ Metoprolol (no ER) [60]	SMZ/TMP [20]
☐ Benazepril tab [30]	☐Glimepiride [30]	☐ Miconazole Cr./supp [100 mg / #7]	☐ Terbinafine tabs [14]
Buspirone [30]	☐ Glyburide [30]	□ Naproxen [60]	☐ Tramadol [60]
Captopril [60]	□HCTZ [30]	Omeprazole cap [30]	☐Trazodone [30]
Carbamazepine [60]	☐ Hydroxyzine Pam. [30]	Oxybutynin tab [60]	☐ Triamterene/HCTZ [30]
Cephalexin caps [40]	□lbuprofen [30]	Pantoprazole [30]	☐ Triamcin. Cr./Oint [30 gm]
☐ Ciprofloxacin tabs [20]	□Ketoconazole Cr. [30]	Paroxetine [30]	☐ Warfarin tab [30]
Citalopram tab [60]			



MHSI Prescription Options

- "Big-box" pharmacies
- \$10 Self-Pay plan (at participating pharmacies)
- Vouchers (at participating pharmacies)
- Patient Assistance Programs (PAPs)

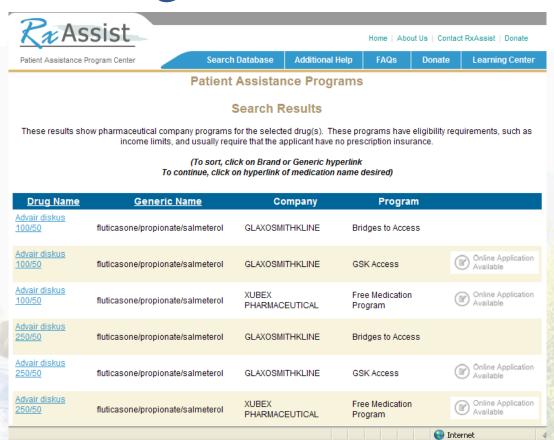


General PAP Process

- Community Health Specialist (CHS) typically handles PAP applications
 - Clinician makes initial referral
 - Meet with patient to consider options



RxAssist.org





RxAssist.org

Program Details

GLAXOSMITHKLINE

Bridges to Access

Advair diskus 250/50 (fluticasone/propionate/salmeterol)

CONTACT INFO

Address:

PO Box 29038

Phoenix, AZ 85038-9038

Phone:

1-866-728-4368

Provider Phone:

Fax:

Website:

Bridges to Access

ELIGIBILITY

Eligibility Info:

. NOTE: Patients who need immediate assistance, should have their advocate call the phone number above for prescreening. Advocates who call for a prescreening need to use an application that can be found on the GSK website:

http://www.bridgestoaccess.com/forms/enrollment_forms.isp

. Patient do not need to be US Citizens, but must be a resident of the United States. The Patient must meet financial eligibility criteria based on the federal poverty level, adjusted by household size. Patient must not be eligible for prescription drug benefits through any private or public insurer/payer/program.

Income at or below:

Single

250 % FPL

250 % FPL

Federal Poverty Level Calculator



Application Forms & Instructions

The following documents are provided in interactive PDF format. allowing you to type information directly into the form.



Apply by mail application



Internet

APPLICATION

Attachments Required:

Financial

Prescription

Physician License # Required:

Both DEA and State

Prescriber Signature

Any Health Care Prescriber

Allowed:

Application may be

faxed:

Eligibility determination None

letter sent:

MEDICATION

Receives:

Not Published

Patient picks up medication at pharmacy; \$10 co-pay for each medication.

Not Published Shipped To:

Not Applicable

Quantity in

60 days

Shipment:

Delivery Time:

Not Published

application Policy:

New application every 12 months New financial information every 12 months

Refill Policy: Four additional 90 day refills via mail order after first 60 day supply.

Other Information:

- Advocates are healthcare workers involved in the patient's care.
- . Patients that are enrolled over the phone by an Advocate can get up to a 60-
- day aupply of Clave Cmithleline medicine immediately at any ratal abornous for



General PAP Process

- Community Health Specialist (CHS) typically handles PAP applications
 - Clinician referral
 - Meet with patient to consider options
 - Get necessary scripts and financial documents
 - Complete paperwork on patient's behalf
 - Contact company for refill requests
 - Notify patient and arrange med pickup



Challenges

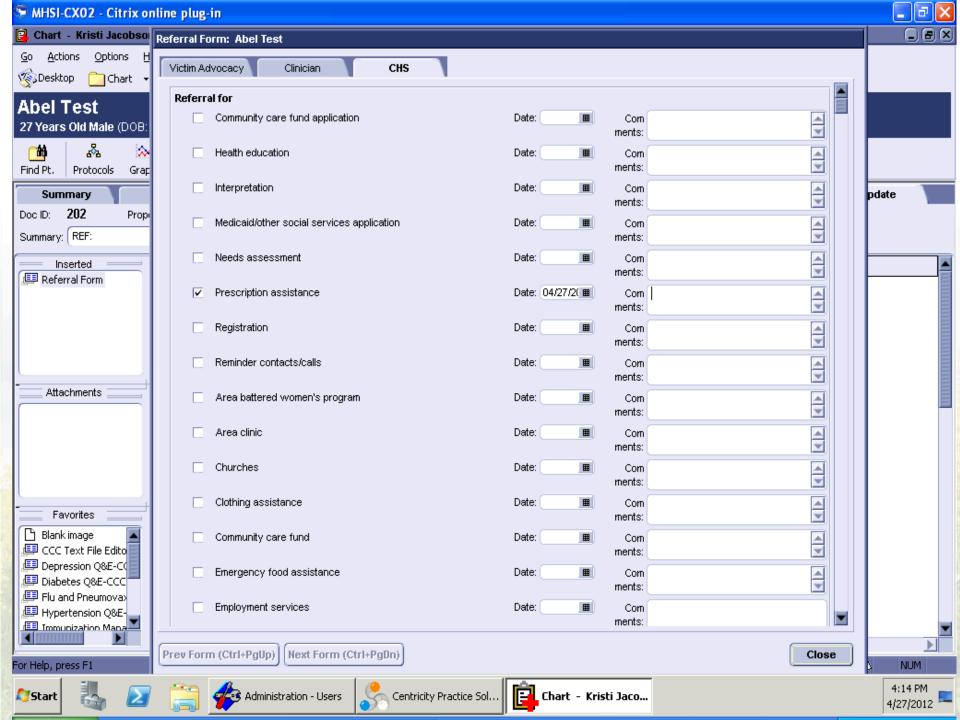
- Paper records
- Time-consuming process
- Refills for a migrant population



System improvements

Referral form created in EMR







System improvements

- Referral form created in EMR
- Staff education
- Site-specific workflows



	From	То	Location	Start Date ≜	Expire	j	Message	_
<u> </u>	Jane Hines LPN	Jane Hines LPN	C25	02/07/2012	ı	۱ Pt.	t, due in June to order another 6 months of L	
	Jane Hines LPN	Jane Hines LPN		02/13/2012	ı	۱ Pt.	due for Mammog, and pap, was a no show	
(Jane Hines LPN	Jane Hines LPN		03/16/2012	ı	re،	eorder, Januvia, Actos and Lipitor mid June.	
	Jane Hines LPN	Jane Hines LPN		03/16/2012		۱re	eorder Tricor mid June	
<u> </u>	Jane Hines LPN	Jane Hines LPN		03/16/2012		Re	eorder Pap Meds mid May, pt. picked ur	
.	Jane Hines LPN	Jane Hines LPN	C25	04/03/2012	4	\ Pt'	's Levemir Flexpen expires in Sept., she knov	
<u> </u>	Jane Hines LPN	Jane Hines LPN	C25	04/12/2012	ı	\ Or	rder Lipitor and Actors after 5/31/12. Pt. picke	<u> </u>
Details	Details Pt's Levemir Flexpen expires in Sept., she knows to come in and apply then. I have completed PAP apps for ProAir inhaler and Singulair as of today							
From: To: Subject	Jane Hines LPN	Date Sent: 03/16 /6 Time Sent: 11:09 /	•	tart Date: 03/16/20 ttached To: Chart S		lorr	112 months. Pt. knows this.	igaian as or code;
reorder	Tricor mid June							



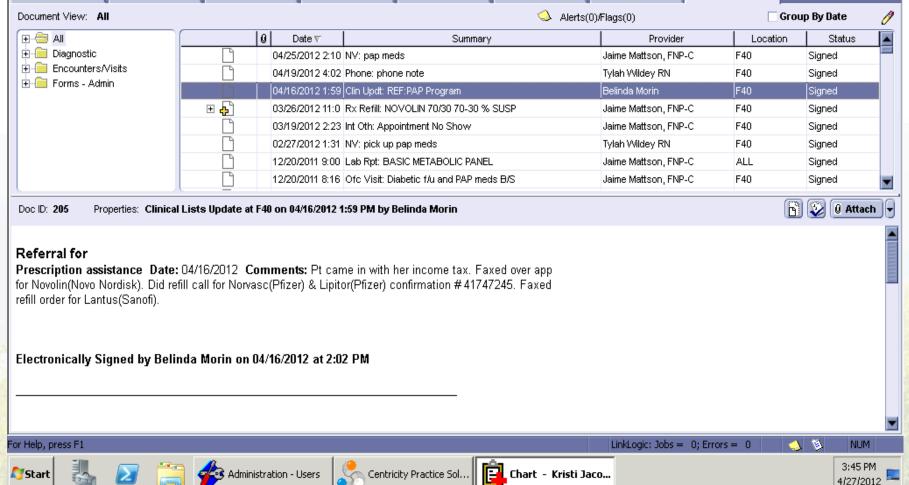
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ı	٨	Jaime Mattson, FNP	Belinda Morin		04/09/2012		Check next week about Lantus on PAP program
	₫	Jaime Mattson, F	Belinda Morin	F40	04/10/2012	I	Notify patient when Lantus comes in and he will come in next week whe

Details				
From: To:	Jairne Mattson, FNP-C Belinda Morin	Date Sent: 04/09/2012 Time Sent: 3:42 PM	Start Date: 04/09/2012 Attached To: Desktop	Priority: Normal
Subject				

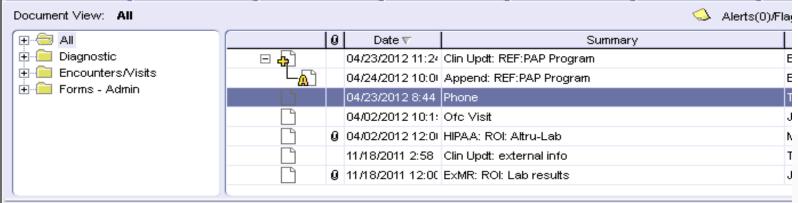
Check next week about Lantus on PAP program



4/27/2012







Doc ID: 5 Properties: Phone Note at F40 on 04/23/2012 8:44 AM by Tylah Wildey RN

Caller: Spouse

Reason for Call: Refill Medication

Summary of Call: Pt.'s wife called wondering about her husband's meds if he has refills or not. That the Pt. didn't understand very much so if you could call her. The number is

Initial call taken by: Rosemarie Martinez, April 23, 2012 8:56 AM

Follow-up for Phone Call

Details for Follow-up Action Taken: I explained to pt and his wife that Lexapro, singulair, and nasonex is coming to our clinic through the pap and we will call as soon as it is here. I informed them that they should sign up for the rx savings plan at TWD for Simvastatin, levothyroxine, allegra and Omeprazole, as this will save them the most money. Pt verbalized understanding

Follow-up Action Taken: Phone Call Completed

Follow-up by: Tylah Wildey RN, April 23, 2012 3:27 PM

For Help, press F1











Centricity Practice Sol...



Chart - Kristi Jaco...



Final thoughts

- Goal is to meet increasing need for assistance in obtaining medications
 - Get creative!
 - Better EHR documentation → Better communication between staff
 - "Hit by a bus" theory
 - Kudos to nurses/CHS for keeping track of what options are available in individual cases!

SPIROMETRY

Sawtooth Mountain Clinic's Journey



One fine day...

While lunching in a grassy meadow...

Patients of SMC may have had the following conversation:



Somehow, that great thought made its wayto the Providers at SMC.

• Or maybe it came to them in a dream.

Offering Spirometry inhouse would be of great benefit to our patients.



Or maybe someone realized it was a great way to generate revenue while providing good care...

Regardless of its origin, we decided to pursue it.

Spirometry is so cool!



Spirometry, please.

Spirometry, spirometry!



 Our nurses were a little skeptical—sometimes the thought of adding one more thing to do is, well, overwhelming.

But our doctors said: "Spirometry is essential to accurately diagnose asthma and COPD. It provides a tool to help assess how well controlled those diseases are and to demonstrate the effectiveness of therapy. By performing this service in clinic, we make it more convenient for the patient, improve our revenues, and can easily integrate the data into our record. This is a standard of care that is EASY to achieve." --Paul Terrill

Who can argue with that kind of a statement???

So we began our search for the perfect spirometry unit.



Our first attempt didn't exactly work....



- Our first Spirometry unit was provided by Welch Allyn.
- It looked nice.
- It sounded nice.
- But it didn't interface.
- Sorry, Welch Allyn.

Our next attempt was a perfect fit...



- Midmark had everything we wanted.
- AND it interfaced beautifully.



Full-speed ahead!

We were adviced to gather a core team of nurses to be our "Spirometry Team".

We were told the quality of the test is *best* if it is performed an expert.

So, we gathered a team of four nurses to become *experts*.



the learning curve...

 Our core team spent an afternoon watching video tutorials on how to administer a Spirometry test.

 We felt pretty confident after these videos—they were very thorough.

But we wanted a little more....



- Amy attended a certification course at the U of M put on by NIOSH.
- This was an intense two-day course focused on accurate administration of Spirometry tests, comprehension of results and care of equipment.
- When Amy returned, she shared the information with the rest of her team.

Meanwhile...

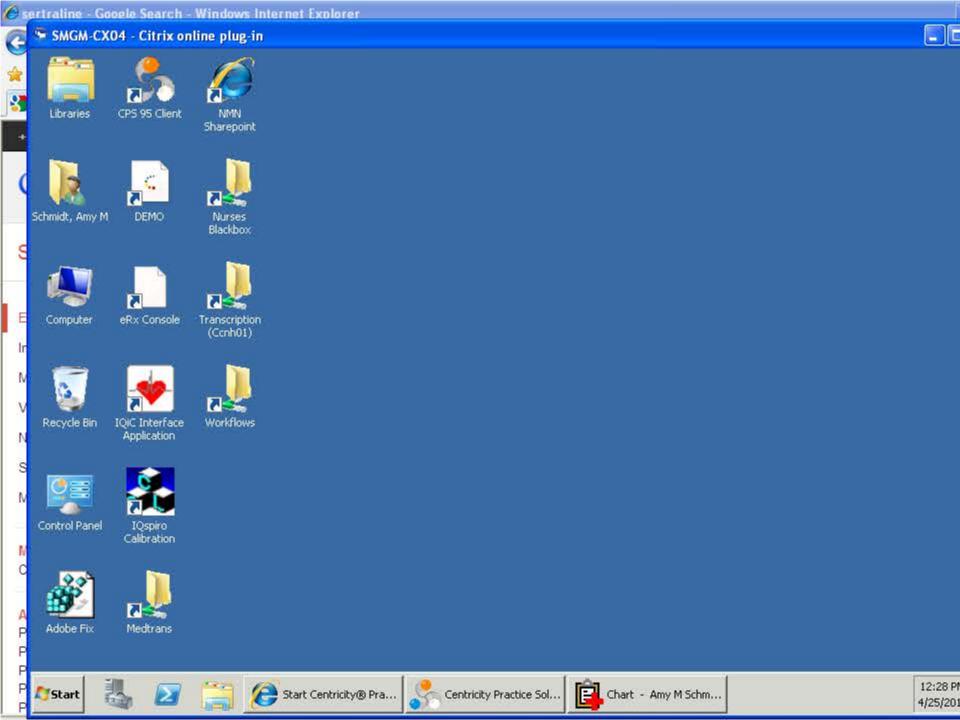
 Patty, our EMR Super-user was working hard on the computer end of things.

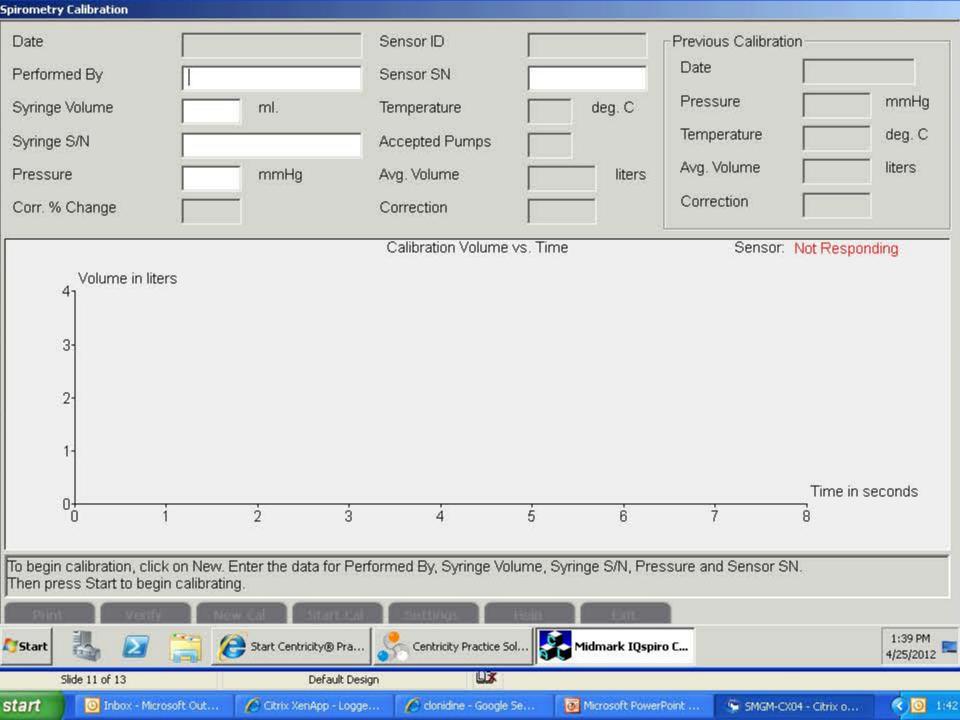
The interfacing process went relatively

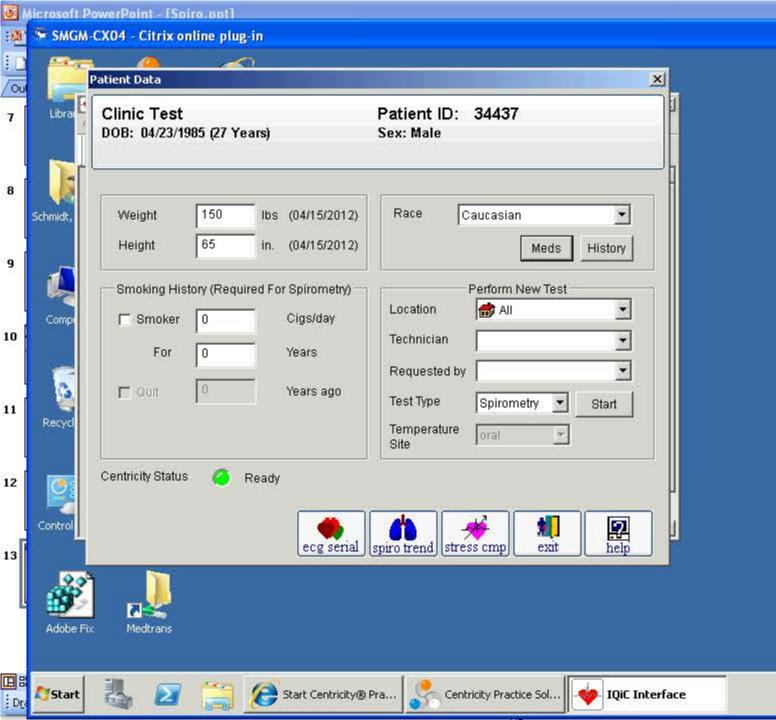
smoothly.



Here's what she came up with...

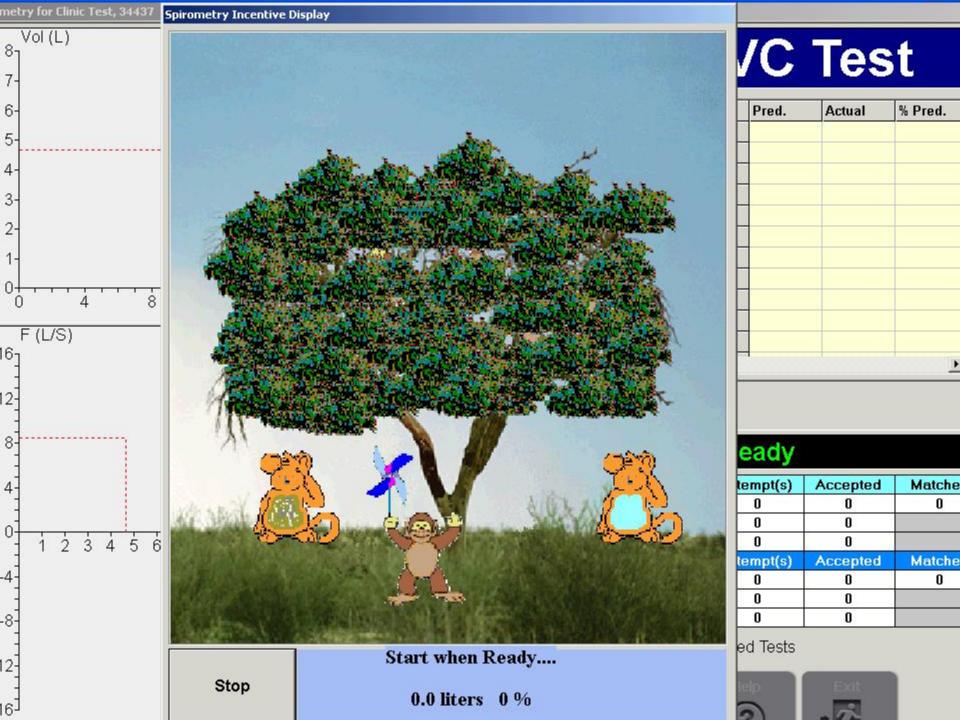


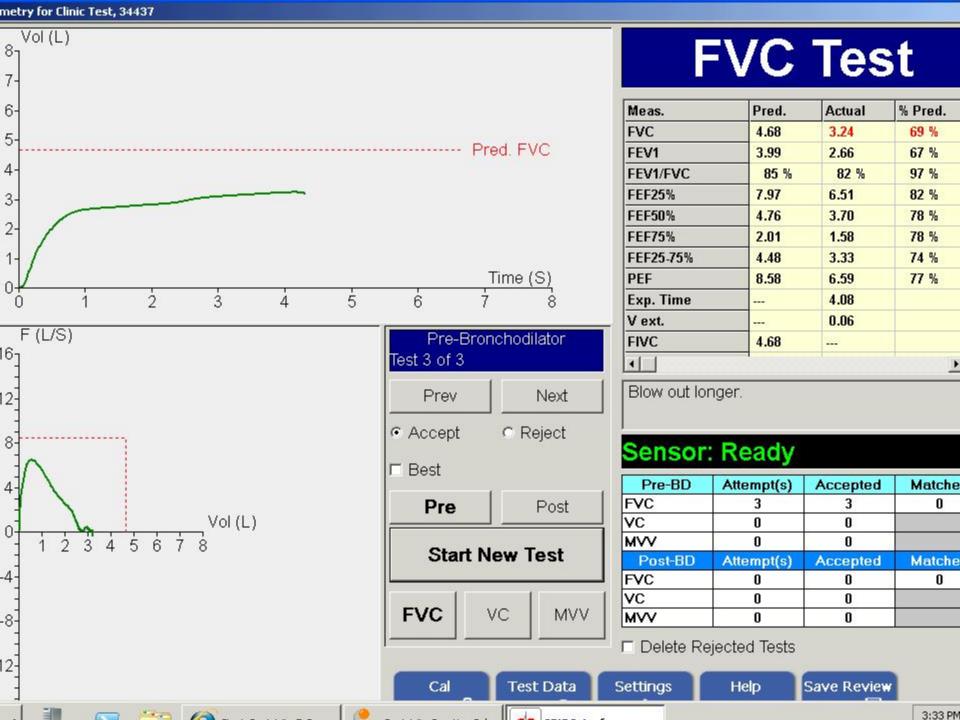




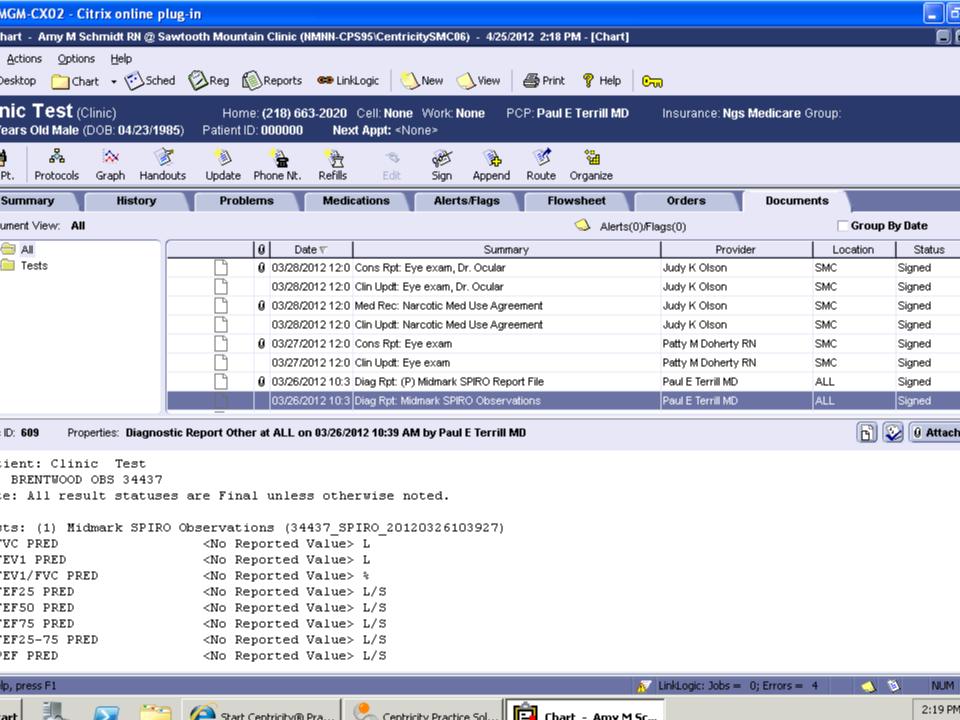
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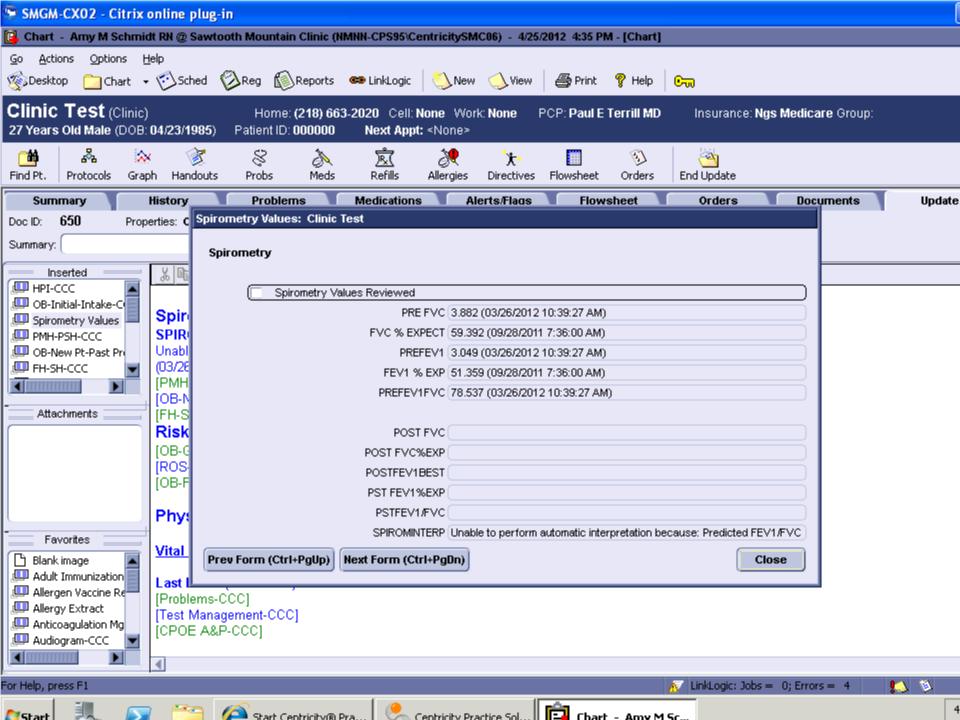
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%	85 %	83 %	98 %				
L∕S	7.97	6.87	86 %				
L∕S	4.76	3.66	77 %				
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Male		Post-BD FVC:	0 attempted, 0 accepted, 0 matches.				
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Caucasian			COPD Risk:	Low.			
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 We do these spirometry tests on an acute need basis and as schedule labs associated with an annual visit.

 These tests can be stand-alone or done as "pre" and "post" tests with an Albuterol Nebulizer treatment between them.



So:

Was it all it was cracked up to be?

- It generates revenue (a good thing)
- It interfaced with minimal hassle (yes, please)
- It is another way to provide excellent patient care (a very good thing)
- It saves our patients a drive to Duluth (gas is SO expensive)
- And our nurses actually kind-of enjoy it! (happiness!)



EVERYBODY!!!



Community Health Partnership of Illinois

The Patient Care Redesign Workgroup

A Patient Centered Medical Home Imitative

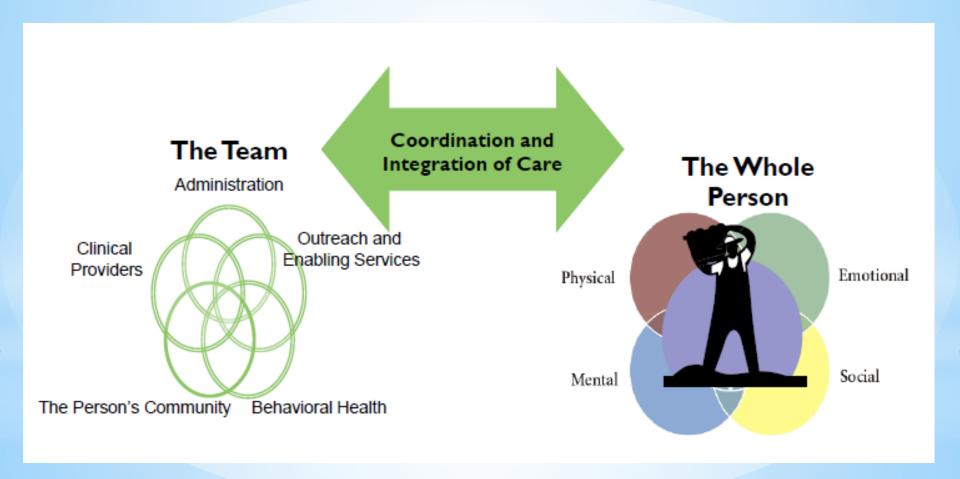
Why Patient Centered Medical Home?

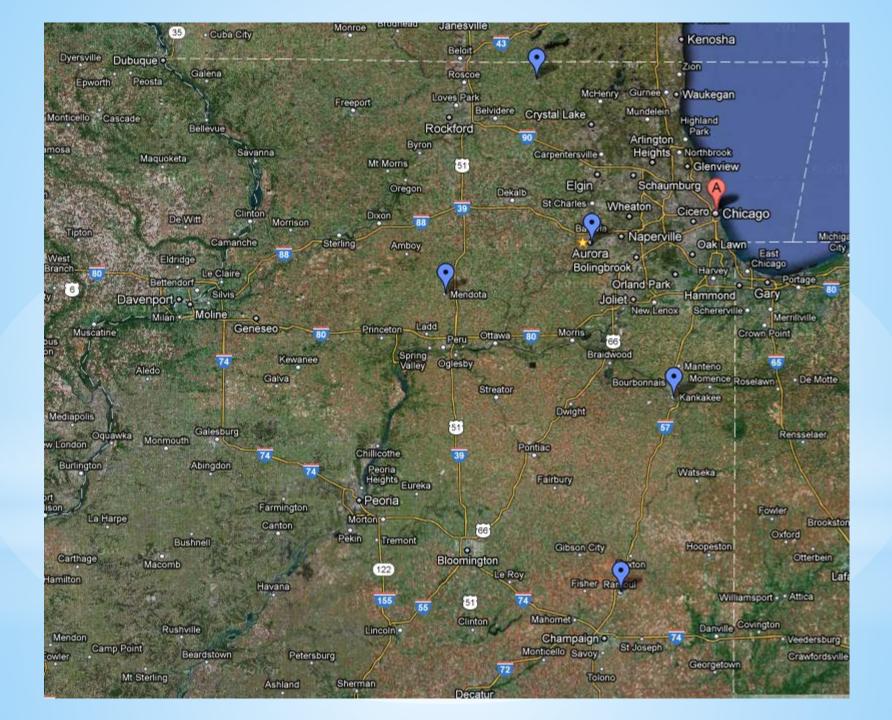
A PCMH puts patients at the

center of the health care system, and provides primary care that is "accessible, continuous, comprehensive, family-centered, coordinated, compassionate, and culturally effective."

(American Academy of Pediatrics)

CHP - "Un Hogar de Salud"





*HRSA's supplemental funding for quality improvement and medical home initiative

* Focus on:

- Plan and Manage Care: Use evidence-based guidelines for preventive, acute and chronic care management for chronic, frequent and behavior-based conditions, including medication management
- Track and Coordinate Care: Track and coordinate tests, referrals and transitions of care

* Accomplish by:

- Hire Patient Care Resource Specialist
- Assemble Patient Care Redesign Workgroup
- Medical Director will chair group

Grant Guidelines:

- *Choose 2 of 6 clinical domains/initiatives
- *Implement plan for development, tracking, assessing and reporting of the measure for compliance monitoring
- *Submit a mid-term progress report
- *Submit a final report
- * Develop a project maintenance plan for continuation post grant funding termination

Project staffing

- * Representation required by each clinical site (5 locations)
- *Medical staff only: either CNA, MA, LPN, RN or provider
- *Initial meeting guidelines: once a month via teleconference; in person every 3 months

Meeting guidelines continued:

- *Required to check e-mail a minimum of every 48 hrs.
- * Required to respond to e-mails within 72 hrs.
- *Pre-work items circulated via e-mail based on the action items/steps agreed upon during each meeting
- * Always determine next meeting date and next meeting agenda before meeting adjournment

Goals of the Patient Care Redesign Workgroup

- *Redesign and update our paper health record documents
- *Identify top 3 health conditions of focus
- *Create evidence-based care guidelines for patients with a top health condition of focus
- *Integrate our chart design with our electronic health record
- *Submit Notice of Intent for PCMH recognition

Progress so far

- *Our new health record documents will be implement at all clinics on May 7, 2012
- *We have identified three health measures to track for improved outcomes and compliance: Pap smear compliance, immunization compliance, and diabetes control
- *We have aligned our new paper chart documents with the data/content of their complementary electronic versions
- *We have identified the need to improve our current system of referrals tracking and follow-up of diagnostic tests in order to standardize practices across all clinic sites.

Conclusion:

- *The PCMH initiative and grant was a great opportunity and incentive for us to reorganize our current practices, policies and procedures to align with standardized goals/methodologies for health care centers providing care in high risk communities
- *Our medical teams have managed to improve their working relations in lieu of the miles of highway and walls of individual practices that were separating our clinics

THANK YOU!

NCQA's Patient Centered Medical Home (PCMH) 3 Year Demo Project

Scenic Rivers Health Services

Bigfork Clinic Site

Provider/Staff Introduction Meeting

January 25, 2012

What is the NCQA PCMH Demo Project?

- CMS (Center for Medicare/Medicaid Services) funded project, assisting FQHC's (Federally Qualified Health Center) to get on board with a Patient Centered Medical Home
- NCQA (National Committee for Quality Assurance) working with CMS FQHC's to achieve level 3 NCQA recognition
- CMS will reimburse FQHC's based on their Medicare populations on a quarterly basis in an effort to assist with implementation costs

Who is in the demo project?

- 500 FQHC's across the United States
- Only one FQHC chosen in Minnesota, that being SRHS, Bigfork
- Why Bigfork?
 - Met criteria for Medicare Patients
 - Rural Area Need limited healthcare facilities in Bigfork area
 - Other FCHC's declined project

What is a Patient Centered Medical Home (PCMH)?

- The American Academy of Family Physicians (AAFP), the American College of Physicians (ACP), the American Academy of Pediatrics (AAP), and the American Osteopathic Association (AOA) developed seven core principles that define a Medical Home:
- 1) Personal Medical Provider patients have a single physician or medical provider overseeing and facilitating their health care
- 2) Clinician Directed Medical Practice a team of health care professionals supports the patient's personal physician or clinician
- Whole Person Orientation all aspects of each patient's care are managed, not just conditions directly related to the physician's medical specialty

What is a Patient Centered Medical Home (PCMH)? Cont..

- 4) Coordinated/Integrated Care hospital, home health agency, nursing home, and public/private community-based program care is monitored and results are tracked via disease registries, electronic medical records (EMRs), and other forms of information exchange
- Quality and Safety using evidence-based medicine and clinical decision-support tools, personal physicians/providers actively engage patients and their families with information about their conditions and options for care
- 6) Enhanced Access Medical Homes offer non-traditional office hours and multiple communication channels to ensure patients/families have access to the support they need
- 7) Payment Medical Home clinics can be recognized within their communities for the services they provide, which exceed the typical clinic-patient relationship

Expectations

- CHANGE will occur
- Remain in demo for duration of project (3 years)
- Cooperate with evaluation contractor
- Participants comply with stated Terms and Conditions
- Complete semi-annual surveys (NCQA)
- Comply with random audits if required
- Achieve Level 3 NCQA recognition by end of 3rd year in demo project

SRHS Bigfork PCMH Team

- Jeff Scrivner Project Director
- Cathy Sellers Clinical Support
- Nancy Mault Project Coordinator
- Carmen Heinecke HIT/EMR/PM Support
- Jessica Furey Clinical Support
- Linda Buckingham Clinical Support
- Additional team members to be brought in at appropriate times, i.e Julie Procopio – Health Information Support, Barb Beyer – Account Mgmt Support, additional medical providers for clinical support

NCQA PCMH Standards

- Enhance Access and Continuity
- Identify and Manage Patient Populations
- Plan and Manage Care
- Provide Self-Care Support and Community Resources
- Track and Coordinate Care
- Measure and Improve Performance

NCQA Medical Home Standards Emphasis

- Emphasis on <u>patient-centeredness</u> and patient experience of care
- Reinforces incentives for <u>Meaningful Use</u> (HIT)
- Focuses attention on aspects of primary care that improve <u>quality and reduce</u> <u>costs</u>
- Based on advances in evidence and changes in <u>practice capability</u>

How To Get Started

- Project Director and Project Coordinator will review all Standards (6) and Elements (28)
- Determine areas currently meeting criteria
- Determine areas needing further implementation or refinement
- Develop outline for PCMH team
- Meet with PCMH team February 8th
 - Develop guidelines for progression of project
- Meet with Providers/Staff February 15th
 - Introduce guidelines

Questions?